

NITROUS OXIDE-OXYGEN INHALATION

INFORMATION PRIOR TO YOUR CHILD'S APPOINTMENT

Dear Parent,

To make your child's dental experience as pleasant as possible, it was determined that your child should receive Nitrous Oxide-Oxygen inhalation. Nitrous Oxide-Oxygen inhalation, often known as "Laughing Gas" is a commonly used aid to alleviate anxiety and apprehension. During the entire time of usage, the patient is breathing 50% Oxygen (Room Air is 21% Oxygen).

The patient is alert, awake, and able to respond to questions. The patient breathes Oxygen for 5 minutes following the procedure to flush the Nitrous Oxide from the body. Since Nitrous Oxide is an inhalation agent it is important for your child to be able to breathe through his or her nose. If this is not possible due to a cold, please contact the office to cancel the appointment.

Nitrous Oxide- Oxygen inhalation has been shown to cause nausea and vomiting in some patients. Due to this potential side effect, bring your child in on an empty stomach or having had a light meal. Please avoid large meals, greasy foods, and milk because this may increase the likelihood of nausea and vomiting. Although Nitrous Oxide is being recommended to provide a positive treatment experience, it is not a guarantee of cooperative behavior and other options may be need to be explored.

**IF YOU HAVE ANY FURTHER QUESTIONS PRIOR TO THE APPOINTMENT,
PLEASE CONTACT THE OFFICE AT (909) 350-0770.**